The Peer Coaching Cycle has been a very helpful tool that I’ve used as a means of professional development and learning. The cycle has allowed me to re-examine lessons, evaluating the pros and cons, what I would’ve changed if given another chance to teach that same lesson again, and of course plan subsequent lessons accordingly. An example of this is when I needed to plan a follow up lesson to a drama-focused English lesson, where I felt that the learning needed to be more directly linked to syllabus outcomes. As a result of a planned, peer coaching session, I was able to come up with a lesson which allowed the students to better access the learning outcomes, specifically relating the learning to their own contexts. I also found that the peer coaching cycle was able to take the emotion out of decision making as it asks clear and guiding questions, keeping the focus on evaluating the pros and cons.